

Mary Lou Sweat Long

August 26, 1950 ~ January 10, 2024

We lived right behind the Longs and she nurtured my kids too… she was one of a kind and very special… we drove by the house recently and I regret not visiting more. Our family loved her… So sorry for your loss…

- Carolyn Campbell

So very sorry to hear of Mary Lou's passing. I was at her home a lot as a child, either being baby-sat or just hanging out. She was den mother and had scouts there a lot. She loved all children, and you could feel that. She was my Primary teacher, and I later served in the Primary presidency with her. She will be missed. Sending love and prayers.

- Tuesday Milius

Dear Dave, my sincere condolences at the passing of Mary Lou. You are such a lovely couple. I am sorry that I am out of town and will miss the service.

- Patricia Braun

Mary Lou was such a gift to all who knew her. She only spoke words of kindness and love and knew how to make each person feel like she truly cared about them. Though she struggled with her health we never heard a complaining word. We love her and will miss her!!! Praying for you all!!!

- Ted and Judy

I served with MaryLou in the Richards Ward Relief Society prior to her stroke and I admired her for her love of the sisters of our ward, she was always cheerful and wanting to serve them anyway she could. There are people we meet that you’re always drawn to for their sunny personality and kindness and that was MaryLou. MaryLou was serving as our primary chorister and I was told the kiddos loved her. She had such love and patience for them.

Their favorite song to sing was Once there was a Snowman, she would raise her wheelchair in the part where the snowman grew tall. She had a wonderful spirit about her and will be greatly missed.

- Kim Miller of the Richards Ward

It was so fun to see MaryLou that Sunday of the last Richards Ward sacrament meeting (December 31, 2023). She was always such a sweet, genuine spiritual strength. She put up with us crazy teenagers and made each of us feel special. I have very fond memories of her and the time we spent together mostly in Young Women’s.

- Mary DeLaMare Crowley