



Alma Andrew Worthington

July 14, 1984 ~ Nov. 20, 2022

Our courageous warrior leaves behind a heartbroken and grieving family. Alma "Andy" was a proud and loving father, son, brother, husband, nephew, and friend. His smile spoke volumes, his laugh resonates in our ears, and his firm embrace reminds us of his passion. Alma's legacy lives on with four beautiful children, "Gail" - Abigail, "Kait" - Kaitlin, "Jack" - Jackson, and "Liza" - Elizabeth, who will always be the center of his universe. Alma married Sara Mitchell in May 2006 and later divorced.

Alma was born in Sandy, UT to Karen and Richard Worthington, joining three older brothers and one amazing sister. Alma was blessed with three younger brothers, accomplices, or alibis, depending on the circumstances. He was extremely protective of his siblings, "the whole world could have come to pick on us and Alma would have fought them off." He grew up digging in the dirt, playing with siblings and neighbors, paintballing, and leading his friends and siblings on worldly adventures.

Alma's father passed away when he was just 9 years old, and Ronald Brown became a devoted father to the young Worthington family. Alma would eventually work with Ron at Mount Olympus Waters in St. George and thanks to an entrepreneurial spirit, he started his own power-washing company.

Alma served in the Utah Army National Guard since 2008, following in the footsteps of his paternal grandfather who served as a Marine in WWII, his maternal grandfather who served in the Navy in the Korean conflict, and his uncles who also served in the military. Alma was honored when his grandfather and namesake, Alma Jay (USN ret.), could assist in pinning his new rank during a military promotion. Alma served as a medic for his military unit and served with the 85th WMD- Civil Support Team and most recently served with the Utah National Guard 115th Maintenance Company, he loved serving side-by-side with his military family.

Alma deployed to Afghanistan from January 2012 to January 2013 in support of Operation Enduring Freedom, Task Force Pirate. Immediately upon returning home from being deployed he entered a paramedic program at the University of Utah and after 11 months of dedicated study, he took the National Registry Paramedic test and was the only student in his class to pass the practical portion on his first attempt. Alma would later work as a paramedic for Gold Cross Ambulance in Salt Lake City. This experience would serve to guide Alma in his next opportunity when he was admitted to the Utah Valley University Physician Assistant program. Alma was excited to be part of the same graduating class as his brother and to follow in the footsteps of his sister-in-law.

Alma had a gift, a way of making others feel seen and loved. His presence would light up the room. Often lacking a filter, a volume button or both, his spirited personality provided the perfect opportunity for others to come together while enjoying a loud, usually inappropriate, and engaging conversation. The Worthington brothers would like to apologize to our spouses, sister, and mom for the topics and material discussed previously, which will continue in honor of Alma.

Alma's neighbor wrote, "On Nov 20th all of our hearts broke. We lost someone who was so loving to every living thing. Alma had one of the biggest hearts we have seen." As a family, we wholeheartedly agree and grieve with broken hearts at the loss of a genuinely amazing human.

He is survived by his children, Abigail, Kaitlin, Jackson, and Elizabeth; his mother Karen (Jay) Young; sister Melissa (Tim) Miller, brothers Jared (Josie) Worthington, Aaron (Maria) Worthington, Matthew Worthington, Spencer (Shanay) Worthington, & Nathan (Kami) Worthington. He has numerous aunts, uncles, nieces, nephews, cousins, and relatives whom all love him and will miss him immensely.

Preceded in death by his father Richard Worthington, brothers Jacob Worthington & Israel Worthington, and his sister Rachel Worthington.

The family would like to express our sincere thanks and appreciation for the thoughts, prayers, and support we have received during these events. We are grateful for the safety of the law-enforcement officers and for their dedication to protecting the community. We would also like to thank the national guard members and others who attempted to redirect Alma last Sunday night. We hope that despite our tragic loss a greater emphasis can be made to support those who struggle with mental health. Thankfully a part of Alma may live on through his tissue donation. We would encourage everyone to take a minute as you visit your family, hug them a little tighter, forgive the little things, and make sure they know how much you love them.

In lieu of flowers, the family would kindly ask for donations to the gofundme that has been established to help with the unexpected expenses that they face at this time by clicking the "in Lieu Of Flowers" link above or by using the following link:

<https://www.gofundme.com/f/kq9nca-alma-worthington-funeral-costs?qid=2c78d3376e177b060f2c76e6859734c9>

Funeral services will be held at 11AM on Monday, November 28, 2022, at Larkin Mortuary of Riverton, 3688 West 126200 South, Riverton, Utah. Viewings for friends and family will be held on Sunday, November 27, 2022 from 5-7PM, as well as Monday prior to services beginning at 9:45AM.

Funeral services will be streamed via Zoom for those unable to attend, or wishing to attend virtually. To watch the previously held services click the "Watch Services" link above.