Amanda Michelle Harding

July 11, 1976 ~ June 9, 2025

Amanda Michelle Harding, Amy to those who knew and loved her died June 9, 2025, of complications from Lupus. Amy was born in Murray, Utah on July 11, 1976. In 1989 she moved with her family to Bellevue, Washington. She graduated from Interlake High School in 1995 and went on to earn an associate's degree in Fashion Marketing from Seattle Art Institute. Her real passion was caring for people young and old so she later earned her Medical Assistant's degree. She worked at Group Health in Bellevue, WA before returning to Utah where she worked at Intermountain Healthcare with her close friend, Dr. Mark Lee. Upon her return to Utah she met the love of her life, Ryan Harding. Ryan brought two children to their marriage which gave Amy great joy, she loved being a mother and was elated when Shaylee asked if she would adopt her. Amy loved children and they loved her, she cared for different children throughout her life and kept in touch with many of them. She loved animals and they loved her, she had her own little backyard menagerie that included goats, duck, chickens and kitties. Her passion for flamingoes was undeniable, if they could live in Utah's climate she surely would have had one.

Amy is survived by her loving husband Ryan Harding, her daughter Shaylee Harding, her parents Steven and Becky Anderson, her grandparents Verla Mortensen and Richard & Mildred Anderson, her brother Brad Anderson (Erika), her stepbrother Jared Anderson, her stepsister Julie Gedge (Kelsey), her little man Hunter Anderson, many aunts, uncles, cousins, and children who called her auntie. She is preceded in death by her grandfather Sonny Mortensen and her cousin Tyler Thornton.

Amy, you will be missed by all who knew and loved you.

In lieu of flowers a donation can be made to the Lupus Foundation of America at lupus.org

For those unable to attend the service in person, the family invites you to join via Zoom. Please click the Watch Service button above.