



Bryan Matt Worthington

September 21, 1979 ~ February 4, 2023

Bryan Matt Worthington, “Worthy” was born on Sept. 21st, 1979 to Randy R. and Wendy Ann (Krause) Worthington in LDS hospital in Salt Lake City, UT. He was a big and happy baby, weighing 9 lbs. 2 oz. and would let anyone hold him when he was a little. Growing up, he was ALL boy– rough, tough & all that stuff. Bryan was a great big brother to Tyler and Corey and together they could be a little mischievous. He was an instigator at times, but always a planner of fun! He was adventurous and loved the outdoors and animals. Growing up his parents had horses and Bryan was always there to help take care of them and put the hay away for the winter. He also loved his family’s dogs when he was young, as well as his own dogs—Zeus and Athena.

Bryan loved to spend time with his family and grandparents. He had great respect for his dad and Grandpa Rex, whom he loved so much. Bryan was very sentimental about things, people, events, traditions and belongings. Like his Grandma Beth’s fishing pole that he always took with him as a backup or in case he needed some extra luck; or his Grandpa Rex’s 1977 Ford truck that he inherited and would regularly take for a spin with his son, Rexton. He would make it a priority to celebrate his Grandpa Rex’s birthday each year, even after he passed. He amazed everyone with his memory and how he could recall dates, details of events and parties growing up, stories about his ancestors, and even his grade schoolteachers’ names. Get him and his brothers together and they can recite movie lines like no one else.

Worthy loved sports; his favorite teams were the Green Bay Packers, Utah Utes Football, and the Utah Jazz. He played football for Alta High School as a defensive end and tight end. He also wrestled in high school and was one of the best in the state. He graduated from Alta High School in 1998. When younger, he had his wilder times but finding love, and having a son definitely mellowed him over the years.

Bryan had a big heart and loved everyone in his life. True happiness for Bryan became very evident when he met his wife, Kristina. They married in 2014 and you could see just how in love they were. They had their son Rexton in 2015 and Bryan absolutely loved being a dad. Fatherhood looked good on him! Nothing was more important to him than his wife and son. Kristina and Rexton were his life! He was happy from the inside out and it showed.

Worthy made friends with everyone because of his happy outgoing nature. He was always there to help whenever there was anything going on that needed an extra pair of hands. He loved building things, whether it was model trucks with his son, a shelf for his mom, or a new deck for his house. He loved framing houses, which he did alongside his younger brother Tyler, for many years. He also worked as a finish carpenter and did outstanding work on many homes as well as his own. Bryan was very good at fixing and repairing things and was very sentimental. He saved many items and toys from his younger years and kept them in great condition. He even sanded and refinished his own baby basinet for his son to use when he was born.

Bryan always had a love for camping and all things outdoors. He was happiest when a crowd of family & friends joined in the trips. Bryan learned very young how to dig a great fire pit and that was one of the first things he handled at the campsite. At a very young age while camping, he had an experience at the campfire with toasting a marshmallow that landed on his head in flames—friends & family have enjoyed retelling this story over the years. Every spring and fall you could find him at the Little Sahara Sand Dunes, 4-wheeling on his Banshee and RZR riding with his family. His first ride was when he was quite young and is memorable in itself, since he hit the gas and tossed the adult that was teaching him, right off the back while he went on cruising away! His mom had never run so fast in her life! He was a dare devil, popping wheelies and taking all the kids for rides—scaring them just enough. He definitely earned the name, “Flyin’ Bryan” trying to get the most air riding high off the top of the dunes. As he became older, he spent many trips teaching the young kids and his son to ride and be safe.

During the hotter summer months, he would be up in the mountains amongst the pines. Fishing and boating at his favorite places: Flaming Gorge, Fish Lake, Starvation Reservoir, Strawberry Reservoir, and his uncle Ron’s property in Fairview. This last year he was lucky enough to purchase the same boat he and his wife met each other on, and he spent almost every weekend boating with his family and teaching his son to fish.

Big Bry had taken to hunting in his older years. He was most proud that his wife and son were with him for his last hunts when he reached success with an Elk in 2021 and deer in 2022. He most recently took up archery with his brother Corey and enjoyed it so much. He collected guns, coins, and knives and if they were handed down to him from a relative, they meant that much more. He also loved John Wayne and his movies. Bryan favorite quote was “Life is Hard. It’s even harder if you’re stupid.”

Bryan loved the holidays and any reason for celebrating. Traditions were very important to him. His favorites were the End of Summer BBQ, the Family Christmas Tree cutting outing, carving pumpkins at Halloween, and Easter at the Sand Dunes. Christmas was always his favorite time of year, even more so after Rexton was born. He put extra work into making the holidays as special as he could for his family. He would put up 3 Christmas trees in his house; one for his wife to decorate, one for his Green Bay Packers, and one for his son. He will always be remembered for his amazing Christmas light display—he was always excited to get as many Christmas lights up on his house as he could.

Bryan was young at heart, but an old soul. He was admired for his strength, hard work and dedication, his fun and adventurous personality, wisdom, sweet laughter, and loving arms. He is and will always be a legend, and will be never be forgotten.

Bryan is survived by his wife Kristina Stevens Worthington, his son Rexton Kent Worthington; his parents, Randy R. Worthington and Wendy (Peter) Reimers; brothers Tyler (Vanessa) Worthington, Corey (Melissa) Worthington, stepbrother Blake (Gladys) Reimers, and several nieces and nephews. He is preceded in death by his Grandparents, Rex and Donna Mae (Daw) Worthington, and Ronald and Beth (Askee) Krause.

Funeral Services will be held on Saturday, February 18, 2023, at 11:00 am at Larkin Sunset Gardens, 1950 East Dimple Dell Road, Sandy Utah. Viewings will be held at Larkin Sunset Gardens on Friday, February 17, 2023, from the hours of 5:00 – 8:00 pm and Saturday, prior to the funeral from 10:00 – 10:45. Interment to follow at Larkin Sunset Gardens Cemetery.

Those wishing to view the COMPLETED services via Zoom can click the "Watch Service" button or follow the link: https://us02web.zoom.us/rec/share/GSCi30bVKgWrahBfRx5YY4x4PvplvilrckTLGT5o5Fkb80thbJ1YqXU9wPie_Lg0._WDS