John Douglas Armstrong

July 21, 1949 ~ March 5, 2020

John Douglas Armstrong passed away peacefully at his Salt Lake City home on Thursday, March 5, 2020. He was born in Salt Lake City on July 21, 1949 to Ben F. Armstrong and Betty Jo Hansen. John was a life-long resident and character of the Federal Heights neighborhood attending Wasatch Elementary, Bryant Jr. High, East High and the University of Utah.

John's passions were skiing, playing golf, closing the deal, and most importantly watching his four grandchildren grow up. He was a permanent fixture of the early morning Starbucks group and loved cocktail hour with Kathy on the front porch.

He is survived by his partner in life Kathy, his two sons Jonas Armstrong (Emily), Joseph Armstrong (Brianne), his cherished grandchildren Addison, Maren, Hannah and Oliver, his sisters Mary Anne "Beth" Jensen and Margaret Armstrong (Dan Craig), his loving nephews and nieces Josh Jensen, Molly McLaughlin, Kate Belcher (A.J.) and Anna Wicks (Brandon), as well as their children Henry, Abby, Evie, Gracie, and Chloe who loved spending time at Aunt Kathy and Uncle John's. He is preceded in death by his parents and brother-in-law Jeff Jensen.

John will be forever known for his wry sense of humor and his ability to tell one hell of a good story. He will be dearly missed by all of us.

Dear friends and family, the celebration of life for John previously scheduled for Friday, March 27 at the Cottonwood Club has been postponed until we can meet together safely to give him a proper farewell. We will publish a future date once things have settled and look forward to seeing all of you then. You can email for updates at Jarm.celebration@gmail.com and in the meantime please visit John D. Armstrong's Facebook page to share pictures, memories and stories.

In lieu of flowers and because John thought children were the best people on this planet, please consider making a contribution in his name to St. Jude Children's Research Hospital at www.stjude.org.