

Kay Quist

May 26, 1940 ~ March 18, 2023

Kay Marie Littleford Quist, born May 26, 1940, passed away March 18, 2023. Kay's parents were Charles Henry Littleford and Marie Steitz. She had an older brother named Ronald Keith who was killed in an auto accident in 1959. Kay attended East High and Olympus High where she graduated in 1958. Her classmates nicknamed her T-bird. (get it?)

Kay was married to Richard Quist on February 3, 1967. Their daughter, Alisa Anne Quist was born on November 2, 1968.

Kay had a lifetime interest and passion for arts and crafts - including painting and firing porcelain (inspired by family stories of and cherished heirloom pieces created by her great aunt Millie). She enjoyed all kinds of sewing, knitting and crocheting techniques she learned from her mother. Her forte in later years became decorative tole painting. She became well recognized in this community of artists for creating projects with colorful and whimsical original designs. She befriended and commissioned talented wood cutters to produce her ideas for new surfaces to decorate. Her painting designs and projects were published in various "how to" instruction magazines and online publications. She participated in many tole and decorative painting conventions in Las Vegas, San Francisco, Portland, Albuquerque and Toledo among others. She ventured into self published "mini" booklets that she called "Nosegays". Her daughter Alisa did all of the graphic design for her books.

In her later years, Kay's physical activities were limited by severe arthritis, but her designs continued to delight. Kay's gifts of beautifully painted decorative and useful objects will be treasured by many beloved family and friends.

An informal gathering for family and friends will be held Monday, March 27, 2023 at 1:00 pm, at Larkin Sunset Gardens, 1950 East Dimple Dell Road (10600 South), Sandy, UT. A brief graveside dedication will follow.

In lieu of flowers, please take a loved one to lunch or dinner or a good show.