Kittie Laurece Litster Cowdell

March 10, 1932 ~ September 17, 2023

Kittie Laurece Litster Cowdell, 91 years young, graduated with honors from this mortal life on September 17, 2023 in St George, Utah. Kittie was born Thursday, March 10, 1932, in Vernal, Utah to Harold Campbell Litster and Edna Bell Wilcoxson. She married the love of her life, Keith Everard Cowdell, on Saturday, June 17, 1950, and gave birth to five children. Fourteen years after their wedding, the family of seven became eternal when they knelt in white around the altar of the Salt Lake City Temple. Kittie was excited to finally be sealed together forever by the Holy Priesthood and authority of God. She was a valiant member, and true Saint, of the Church of Jesus Christ of Latter-day Saints.

Kittie served faithfully for over 25 years in the St. George, Utah Temple, linking families together forever. She loved genealogy and wrote many family histories. She served in the Relief Society, Young Women's, Primary and Library.

Kittie was an example of goodness in all her relationships. She was a beautiful daughter, mother, grandmother, great-grandmother, great-great-grandmother, aunt, friend, and neighbor. She made sure not to pass away before saying, "Goodbye. I Love You." She lived great and endured gracefully and honorably to the end of her mortal sojourn.

She taught through inspiring examples and kind words. Through her example, she taught to never criticize, condemn, or complain; but to be kind, gentle, and caring, toward everyone. She taught to serve one another with love. She taught that no one is perfect, so strive to become like Christ. She taught to "do your best" daily by developing your own God-given talents.

She loved family get-togethers and especially enjoyed beating the pants off of everyone in card games. She often changed the rules mid game; but she never cheated. She loved to laugh more than she loved to win, and she loved eating treats as much as she loved to laugh. For her, games were all about creating fun family memories.

Holidays were always a celebration in her home. She loved Thanksgiving and Christmas especially. She hosted many Christmas and Thanksgiving holidays, full of food, fun, and family. She absolutely loved time spent with her family. She watched home movies and ate ice cream (if she could just get someone else to "dip it") every chance she got.

She loved children and was the neighborhood "candy grandma". Her reputation was legendary as the "candy lady." Many children came by almost daily to trick-or-treat at her door. She handed out goodies all year long.

For several years she suffered from dementia. She was often frustrated at not being able to remember things or communicate how she once did. However, she never forgot who her children were, and she always greeted them with her beautiful smile and warm hug. During the last few years, Kittie's daughter,

Kittie’s family expresses deep gratitude to all those who cared for her at Spring Gardens and Zion's Way Hospice. She was loved deeply by those who served her. Everyone at Spring Gardens knew her name and said, “Hi, Kittie!” whenever they saw her. She returned their greetings with her beautiful smile and welcoming hello.

Her family expresses their gratitude for the outpouring of love, concern, and support during this heartfelt time. She was thoroughly enjoyed by all throughout her mortal ministry. She will certainly be missed.

Until we meet again Momma, we love you.

Kittie is survived by Judy Lin Fisher, daughter (spouse-Frank I Fisher) of Washington, Utah; Kim Leon Cowdell, son (spouse-Julie Ann Thomas Cowdell) of St George, Utah; Mark Paul Cowdell, son (spouse-Holly Richards Cowdell) of Alpine, Utah; 15 Grandchildren, 54 Great-grandchildren and 13.9 Great-Great Grandchildren.

She is preceded in death by her son, Kraig James Cowdell (1970), her husband, Keith Everard Cowdell (2012), and her daughter, Loraine Kay Cowdell (2022)

Funeral services will be held at Larkin Sunset Garden Chapel 11:00 am, Saturday, September 30th, 2023. A viewing will be held prior to the funeral from 10:00 -10:45 am. Larkin Sunset Garden Chapel located at 1950 E. 10600 S. Sandy, Utah 84092.

Zoom link for the service:
https://us02web.zoom.us/rec/share/df9_4gjtAiiVJKC_IR5_nGZQbgXk34MrxFcqvu5_fTRS-AghIGZl2j2fkXqxsxlL.SKhDgP2