

Kristin Parkin

December 6, 1981 ~ July 7, 2025

Kristin Haynes Parkin, cherished wife, mother, sister, daughter, grandma, and beloved friend, passed away on July 7, 2025, at the age of 43, after a brief but courageous battle with metastatic neuroendocrine carcinoma. More than anything, we will miss her radiant smile and contagious laugh.

Kristin was born on December 6, 1981, in Portland, Oregon. She was blessed to have her parents, Bruce and Marsha Haynes. She joined a loving family that included siblings Stephanie and Jeremy. Just six months later, their younger brother Ryan completed the family of six. Growing up in South Jordan, the Haynes children brought joy, mischief, and unforgettable chaos to their home—memories filled with laughter, love, and adventure. Kristin especially loved family vacations and wakeboarding, and her soft heart and caring nature became defining traits as she grew.

From a young age, Kristin's musical talent shone brightly. During her middle school years, her angelic voice began to touch the lives of those around her. By the time she graduated from Bingham High School in 2000, she had sung in numerous groups, churches, and venues—always with her dad as her favorite singing partner. Her ability to express deep emotion through music allowed her to share her testimony and her love for Jesus Christ. A devoted member of The Church of Jesus Christ of Latter-day Saints, she served in many callings, with a special love for working in the Young Women's organization.

On October 21, 2011, Kristin married her love C. Troy Parkin. They were later sealed in the Oquirrh Mountain Temple. Kristin embraced her role as a "boy mom" to Jacob, Christopher, Kyler, Carter, Ryker, Wyatt, and Tucker. She loved every moment spent camping, playing games, watching movies, going to the park, and enjoying life's simple joys with her family—first in Herriman, then in Sandy. Fiercely devoted to her children, Kristin never hesitated to show her "mama bear" side when it came to protecting or standing up for them. She was fiercely loyal and had a kind and gentle goodness that blessed all who knew her. Her unconditional love had no bounds.

Her grandson, Bridger, brought her immeasurable joy. Kristin had a gift for connecting with others, and she always took the time to listen, laugh, and play with him. Her sharp wit, snarky sense of humor will be those memories that will stay with us forever.

Professionally, Kristin brought the same compassion and care into her work as a medical assistant and later as a clinician. Patients and colleagues alike were touched by her kindness, attentiveness, and welcoming spirit.

Kristin shared her love freely—with her smile, her warmth, and her actions. She had a talent for design, a knack for hosting, and always seemed to find the perfect gift for any occasion. She loved getting her nails done, crafting, and most of all, being with family. Her bravery, optimism, and grace in the face of life's challenges will remain forever etched in our hearts.

Kristin is survived by her loving husband, Troy, and their sons: Jacob, Christopher, Kyler (Kadi), Carter, Ryker, Wyatt, and Tucker; and her cherished grandson, Bridger. She is also survived by her mother, Marsha Haynes; her siblings Jeremy (Laurie), Stephanie (Eric), and Ryan (Erin); her mother-in-law, Helen Willoughby; and many beloved brothers- and sisters-in-law, aunts, uncles, cousins, and extended family.

She was preceded in death by her father, Bruce Haynes; Debbie Parkin Pugmire; Brent Dwayne Parkin Sr.; Fred Willoughby; and her grandparents.

Family meant everything to Kristin, and we express our deep gratitude to her biological family for the precious gift of Kristin in all our lives. Her memory will live on in every note she sang, every laugh she inspired, and every heart she touched.

A viewing will be held on Monday, July 14, from 6:00-8:00 PM at the LDS wardhouse at 89 East 11000 South in Sandy, Utah, and on Tuesday, July 15, from 9:00-10:45 AM. The funeral service will take place on Tuesday, July 15, at 11:00 AM at the same location. Interment will be at Larkin Sunset Gardens, 1950 East Dimple Dell Road in Sandy, Utah. The funeral will be livestreamed privately with a link to join available upon request to the family.