

Mitchell "Mitch" Lamen Wood

February 19, 1978 ~ February 17, 2023

Mitchell (Mitch) Lamen Wood, left us just days before his 45th birthday. He was born February 19, 1978, in Salt Lake City UT and graduated from Taylorsville High School in 1996. He spent his time between his West Jordan and St. George UT residences.

He met the love of his life Krischelle Rae Alderman during his sophomore year of High School. Nobody would have guessed that a night at “The Boot” and a bet amongst friends would lead to so many great memories. After talking all night, he asked her out and that’s where their story began. On their first date, he played the arcade Claw game and won her a frog that said, “LOVE ME”, which they still have today.

Mitch and Krischelle were married April 19, 1997, at Wheeler Farm in Salt Lake City. They spent their honeymoon in Park City, Utah where they got snowed in for the night. In 1997, they built their first home, which Mitch framed, at only 19 years old with his dad and brother-in-law Jake. He was an amazing contractor and “jack of all trades”. He and Krischelle experienced so many “firsts” together. In April 2022, along with their closest friends and family, they renewed their vows and celebrated 25 years of marriage at Knot & Pine in Alpine UT.

In 2000, their first daughter Kassidee was born. Kass and her dad had an amazing bond. They connected through music and attended many concerts together. Their favorite genres were alternative and country music. They also loved their “shed time” connecting.

In 2003, Maddison joined the family and won her dad’s heart. They shared their love of movies and reality TV. As she got older, they loved spending time golfing together. Mitch would always joke that he won the round, but the scorecard would tell a different story. He would say “chip in for a dollar” and Maddi did it and he had to pay up.

Mitch had an amazing bond with his girls. He loved them dearly and was very proud of them. Surrounded by 3 beautiful women in his life, was his legacy. He was so excited for the arrival of his first grandson, Kadence, in April 2023.

In 2005, got his general contractor license. He and Krischelle started up a several businesses with the most recent being MAK Builders. These accomplishments were more of “firsts”, together. Through hard work and perseverance, they built a successful business with amazing clients and many new friendships and partnerships that were created along the way.

He loved many things. His Denver Broncos, riding his Harley with his wife, his dogs Tank and Walter, the ocean, camping with friends and family, and trucks. Building things was his greatest passion. He was always working on a project at the home or at a friend’s house.

He had a way of connecting with people. He was sarcastic and always caring. You always knew where you stood with him. He was known for his catch phrases like, “I never saw a mirror I didn’t like”, “Don’t you judge me” or

“Cupcakes and happiness” that would always make you laugh. He had a huge heart and if someone needed help, he would be there, no questions asked. Mitch impacted the lives of so many and will be deeply missed. Gone too soon but will never be forgotten.

A Celebration of Life will be held February 25, 2023, Larkin Sunset Gardens- Le Jardin (1910 E. Dimple Dell Rd. Sandy UT). All are welcome to attend an open house 10 AM -12 PM and an intimate gathering for close family and friends 12 PM – 2 PM. For those who want to participate with the services on-line, please click on the blue "Watch Services" tab above shortly before noon. You will need a Zoom account to log into the service.

In lieu of flowers, memorials may be made to the Taylor Hagen Memorial Foundation (https://www.thmemorialfoundation.org/) or Venmo @Taylor-Hagen-Memorial (supporting mental illness, youth groups and various suicide prevention efforts and organizations)