

# Sarah Elizabeth Knapp

*March 3, 1995 ~ June 18, 2025*

Sarah Elizabeth Knapp, born March 3, 1995, passed away June 18, 2025, from complications during childbirth. She is survived by a beautiful infant son, Theodore (Theo - whose name means Gift From God), the love of her life, Austin; brothers Andrew and Thomas, sister Anna Skjei (Logan), father Phil Knapp (Yelena) and mother Elizabeth Weidow (Vern) in-laws Juliette and Kent, and sister-in-law Jasmine Cluster, along with many extended family members.

Sarah will be remembered for her soft voice, kind heart, fiery red hair, and gifted artistic talent. Sarah's life leaves her many friends and family celebrating and admiring how strong, positive, and brave she was. Her kindness, love, and joyful outlook on life - despite many challenges - was universally admired by her family. She was quick to meet people where they were at in their lives with compassion and understanding.

Sarah grew up in Idaho and lived briefly in California and Montana before settling in Utah, where she met the love of her life, Austin. It was her greatest joy in life to be by his side in everything, culminating in her greatest achievement and legacy, the birth of their beautiful son, who has her lips and Austin's nose.

If there are words that best describe Sarah, they would be kind, loyal, sweet, humble, brave, strong, and stubborn. She had a habit of giving little acts of kindness to people in her life. The last thing she did as she was being prepped for high-risk delivery in the delivery room was to give a gift to her surgeon - chocolates and a card - because, as she told him, "Doctors don't get thanked enough." Her last words were to Theo and Austin a brief moment after Theo's birth - they were "I love you."

She will be missed by all who knew and loved her. Theo will grow up hearing stories of his mother, who is watching over him with the same loving kindness that touched so many.

**Funeral services:**

Funeral Services will be held at the First Baptist Church of Bountiful (1915 S. Orchard Drive, Bountiful, UT 84010) at 12:00 pm, Saturday, June 28th. There will be a visitation from 11:00 to 12:00 pm prior to the services at the church. Sarah will be buried afterwards at the Bountiful Cemetery.

Sarah's many friends arranged a GoFundMe to support Austin and Theo in their time of grief, and to share additional pictures of their happy time together:
https://www.gofundme.com/f/in-loving-memory-of-sarah-supporting-austin-and-baby-theo

Flowers can be directed to First Baptist Church of Bountiful.