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Utah Bereavement Resource Directory

Salt Lake County					
Organization	Phone	Email/Website	Contact	Ages	Description
AIDS and HIV+ Utah AIDS Foundation	801-487-2323	utahaids.org jared.haffen@utahaids.org	Jared Haffen Case Manager	Adults	Closed support groups for persons who are HIV+. One-on-one counseling and family counseling upon request. Grief Support Groups. Tues at 6:30 Women, Wed at 6pm Men's, Fri at 6pm Newly Diagnosed
American Cancer Society, UT	801-483-1500	cancer.org	Receptionist	All	Numerous support programs for cancer survivors and their families. Call for bereavement support programs.
Angel Watch Bereavement Program offered through Intermountain Healthcare	801-698-4486	angelwatch@imail.org	Amelia Hopkin	Adults	This is a free, specialized program designed to help families through a time of uncertainty with pregnancy, delivery, and the time following delivery. Qualified nursing and grief specialists provide support and guidance to families.
Applegate Home Care	801-261-3023	aliciab@applegatehomecare.com	Josie	All	Call for information
Best Practice Counseling	(801)988-9807	bestpracticecounseling.com	Melonee Wright	Adults	Grief and Loss Group for women is for adult women who have experienced grief and loss in their lives. This safe setting will help you learn healthy coping skills and strategies partnered with therapeutic support around your experience. 12 sessions. January 9, 2017 -March 27, 2017
The Bradley Center	801-302-0220	bradleycentergrief.org customerservice@bradleycentergrief.org	Carrie Moore, MS, BCC	All	A grief support center for children and their families. Groups meet in the American Heritage School of South Jordan, 11100 South Redwood Road, every other Monday evening. Call for information.
Bristol Hospice	801-386-2245	Joe.novotne@bristolhospice.com	Joe Novotne	Adults	Good Grief support group meet every 1 st and 3 rd Friday of the month 9:30-11:00 am – And the 1 st Wednesday of the month from 5:30-7 pm. 4460 S. Highland Dr. Ste 220 SLC Open support group
Cancer Wellness House	801-236-2294	cancer-wellness.org info@cancer-wellness.org		All	Bereavement group for adult family and friends to grieve the loss of a loved one to cancer. Teen and child support groups as family goes through cancer experience. Closed groups. Call for current information.
Caring Connections	(801) 585-9522	shawna.rees@nurs.utah.edu	Shawna Rees,	All	Variety of grief and bereavement groups, including suicide, homicide, perinatal loss, and

(University of Utah College of Nursing)		www.nursing.utah.edu/practice/caringconnections	Program Administrator		Spanish-speaking groups on request. Groups are 8 weeks long. "Seeds of Remembrance" program in May and "Grief and the Holidays" program in November. Please call for information.
Compassionate Friends		www.compassionatefriends.org		All	Groups for parents and grandparents who have lost a child. Please see the national organization's website for the most current information about Utah chapters
Harmony Music Therapy (partnership with Amber Creek Counseling)	801-455-0045	Ambercreekcounseling.com Harmonymusictherapy.com info@harmonymusictherapy.com	Jaycie Voorhees	Adults and Children	Music therapy groups led by board certified music therapists. Music has the power to help you find peace, comfort, and support after the loss of a loved one. Offers an eight week program. Groups involve music therapy, psychoeducation, and grief counseling. Home therapy also available for dependents. Call Harmony Music Therapy directly for questions on home therapy. 801-718-7637 Jaycie
Hospice 4 Utah	801-812-3577	Hospice4utah.com		Adults	Support groups for those who have lost a loved one. Call your area contact for times and additional information.
Intermountain Medical Center	801-507-1156		Christian Torres-george	Adults	Education/support groups. Grieving process, stress and anger management, guilt, unfinished closure, role changes, and remembrances. Meetings held the 2 nd and 4 th Wednesday of each month from 5:30 pm- 7:00 pm. Classroom 1 of the Doty Education Center.
Jewish Family Services	701-746-4334	Jfsutah.org/our-programs/counseling Ellen@jfsutah.org	Ellen Silver, LCSW	Adults	Offering individual therapy for mental health counseling
NAMI Utah	801-323-9900 801-869-2893	www.namiut.org	Sariah Meadows	All	Suicide survivor groups located at the Riverton Hospital in the Bluffdale Conference Room at 12600 S. Bangerter Highway, Riverton. Additional support groups held at the Family Counseling Center in Murray 650 E. 450 S. room 300 on the 2 nd and 4 th Tues of each month 6:00 pm – 7:30 pm. Family support groups are also available and are located throughout the state. Call for more information. There is no cost
Primary Children's Medical Center	801-662-3774	pc-griefsupport@imail.org	Jeff Fleming, Chaplain	Adults and school-aged children	Adult and child grief support groups held several times each year. Support for parents who lost a child and children who lost a sibling. Please call or email for dates, times, and additional information.
Rocky Mountain HomeCare	801-390-2778		Susie Nelson, Chaplain	Adults	Call and request to speak with their bereavement team for more specific information on current groups and dates.

Salt Lake County Aging Services	801-468-3280	www.slcoagingservices.org		Adults	Caregiver support programs providing numerous services directly to seniors as well as referrals. County services have a calendar for other potential bereavement groups.
SHARE Parents of Utah	801-272-5355	www.shareparents ofutah.org info@shareparents ofutah.org		Adults	Groups for adults who have experienced miscarriage, stillbirth, or newborn death. Meetings held on the second Wed of every month at the SLC public library 7-8:30pm (check each month). Meetings also held at South Jordan Library and Herriman Library. Meetings held on the fourth Tuesday of each month at Jordan Valley Medical Center. Visit the website for current information or call.
St. Ambrose Catholic Church	801-484-8756		Dean Betenes	Adults	Ministry for grief and bereavement call for information.
St. Vincent's Catholic Church	801-527-2025 801-262-3251		LaRee Osman, RN; Parish Nurse	Adults	Held at the Benvegnu Center, 1375 East Spring Lane – Spring, March, Fall, October. Closed Group, open to all faiths, spiritually oriented, 7-week course. Can also call Pat Pitcher at 801-943-6237
The Sharing Place	801-466-6730	johngold@thesharingplace.com	John Gold	Children 3-18	Groups for children who have suffered the loss of a loved one through death. Groups are patterned after the Dougy Center in Portland, OR. Parents meet at same time as children. Groups are open-ended. Call to set up an appointment to evaluate which group would benefit you most.
The Lodge by Valeo	801-993-1600	TheLodgebyvaleo.com		Adults	Call for information
Union Park Psychiatry & Counseling	801-233-4200	Intermountainhealthcare.org		Adults	Individually seen at 1225 E Fort Union Blvd. Office open M-F 8:30 am-5 pm Call for insurance verification
Valerie Lambert	(801) 533-5632			Adults	1060 E 100 S #202 SLC, UT Private practitioner and certified thanatologist. Helping those through complicated grief, chronic illness, to mood disorders.
Valley Mental Health	801-263-7100	www.valleycares.com		All	Outpatient individual counseling and group counseling for grief and other life adjustment issues.

Weber/Davis County					
Organization	Phone	Email/Website	Contact	Ages	Description
Center for Grieving Children	801-476-1127	Mail@familysummit.com www.familysummit.org	Barbara Norris, ED	3 yrs to Adult	Modeled after the Dougy Center in Portland, OR. Groups for children 3-19 yrs., young adults, and their parents, who have suffered loss through death or divorce and separation. No cost to participate. Meet twice a month. Please call first

					for intake over the phone and to set up a 30 min orientation.
Compassionate Friends		www.compassionatefriends.org		All	Groups for parents and grandparents who have lost a child. Please see the national organization's website for the most current information about Utah chapters
Davis Behavioral Health, Inc.	801-773-7060	www.dbhutah.org		All	Provides a variety of services, including substance abuse. This is the public mental health provider for Davis County, services for Davis County only.
Family Connection Center	801-773-0712	www.utahfcc.org		All	Anti-poverty programs such as food bank, emergency assistance, self-sufficiency programs, and Circles. Family support services available – crisis, respite, nursery, parent education, and therapy.
HCNU Hospice	801-689-3049		Eileen Wood, RN CHPN or Catherine Abel, MSW	All	Community and hospice grief support. Call to schedule grief education time or support group times.
Hospice 4 Utah	801-812-3577	Hospice4utah.com		Adults	Support groups for those who have lost a loved one. Call your area contact for times and additional information.
Intermountain Bountiful Clinic	801-399-1400			Adults	Third Thursday of each month at 12:00 Noon – 1:00 p.m. Please call the Ogden Office for more information
Intermountain HomeCare Ogden	801-399-1400		Marcos Uboldi, LCSW	All	Grief support groups offered every 1 st and 3 rd Wednesday at noon. Call for location information.
Intermountain McKayDee Hospital	801-387-7900 801-387-7929	facebook.com/McKayDeePalliativeCare/	Brandy Millward	Adults	Classes are held 12:00 p.m. to 1 :15 p.m. at the McKay-Dee Hospital Education Center. Sessions last for 8 weeks, and you may start at any time during a session.
Ogden Regional Medical Center	801-479-2138	marcyjsth@gmail.com	Marcy	Adults	Bereavement education groups several times each year. Please email for current schedule.
Resilient Solutions	801-259-3883	Resilientsolutionsinc.com	Becky Andrews, LPC, FT	All	Groups for mothers, suicide, teen etc. Types of groups change quarterly. Call for more information.
Rocky Mountain HomeCare	801-525-4850	Chris.pace@rmcare.com	Chris Pace	Adults	The support group is free and open to the community. Every 2 nd and 4 th Tuesday 12-1:30 pm. Lunch is provided. Please call with questions and to RSVP

Utah County

Organization	Phone	Email/Website	Contact	Ages	Description
Canary Garden	801-960-2684		Mary Shaw, BCC	All	Family grief support held at no cost held in Orem on Monday evenings, 6:45-8:15. Separate

					groups for children and parents. Call for information and intake. Follows Alpine School District schedule.
Compassionate Friends		www.compassionatefriends.org		All	Groups for parents and grandparents who have lost a child. Please see the national organization's website for the most current information about Utah chapters
Heart and Soul Suicide Support Group	801-372-3523	www.facebook.com/heartandsoulsurvivors	Charn Burton	All	Open group meets continuously throughout the year. Meetings are held monthly on the second Thursday of the month from 7:00 pm - 10:00 pm.
Hospice 4 Utah	801-812-3577	Hospice4utah.com		Adults	Support groups for those who have lost a loved one. Call your area contact for times and additional information.
Intermountain HomeCare Utah County	801-225-0584		Brooke Willy	Adults	Bereavement education and support groups offered. 1 st and 3 rd Tuesday in the evenings, every Thursday at 1pm. 524 W. 300 N. Suite 101 Provo, UT. 2nd and 4th Wednesdays 6:30 p.m. Utah Valley Palliative Care Utah Valley Cancer Center Lobby 1034 N. 500 West, Provo, Utah Beginning October 12, 2016
LOSS (Loved Ones Suicide Survivors)	801-815-7854	notaloneinloss@gmail.com	May Bradley	All	Open group meets continuously throughout the year. Meetings are held twice a month on the first Tuesday of the month from 7:00 pm to 8:30 pm and on the third Tuesday of the month from 7:00 pm to 8:30 pm.
Rocky Mountain HomeCare	801-765-4905 801-615-3426 (Bill)	Bill.cox@rmcare.com	Bill Cox	Adults	Life Skills Support Group meets at Orem Friendship Senior Center. Held monthly on the first Friday at 1pm. A bereavement support group is held at Seville (on Center street) on the third Thursday of each month at 2 pm on the 3 rd floor.
SHARE Parents of Utah	801-272-5355	www.shareparentsofutah.org info@shareparentsofutah.org		Adults	Groups for adults who have experienced miscarriage, stillbirth, or newborn death. Meetings held on the second Wed of every month at the SLC public library 7-8:30pm (check each month). Meetings also held at South Jordan Library and Herriman Library. Meetings held on the fourth Tuesday of each month at Jordan Valley Medical Center. Visit the website for current information or call.
Sudden Infant Death Syndrome, Utah Chapter	801-636-3602		Julie Bolton	Adults	Call for information
Utah Valley Psychiatry & Counseling	801-357-7525		Receptionist	All	Offers individual counseling (no grief groups.) Please call the office for information and to register.

Washington County					
Organization	Phone	Email/Website	Contact	Ages	Description
Alliance Home Health and Hospice Specialists of Southern Utah	435-656-2889	Leisamswalliance@gmail.com	Leisa Tischner, SSW	Adults	Please Call
Applegate Homecare and Hospice	435-628-1569	nanetted@applegatehomecare.com	Laura, SSW	Adults	Please Call
Compassionate Friends		www.compassionatefriends.org			Groups for parents and grandparents who have lost a child. Please see the national organization's website for the most current information about Utah chapters
Dixie Home Rehab and Hospice Care.	435-669-9903	dixiehomerehab.com	Pamela Jensen	Adults	First Friday of each month. 10 am 2019 East Riverside Dr. suite A102 Free of charge, a safe place to tell your story.
Intermountain HomeCare of Dixie	801-251-2367		Korrine Winkler	All	Grief support. Closed groups, meet for 6 weeks. Offered each Spring (April) and Fall (Oct.) Individual and family counseling available. Call for dates, times, and locations.
Rocky Mountain HomeCare	1-800-574-7666		Kay Tanner, Chaplain	Adults	Counseling and support groups available. Please call for more information.
Zions Way Home Health & Hospice	435-688-0648	cmathews@zionsway.com		Adults and other family members	Please call for information about grief groups. Eight-week class held on Wednesday at 4 pm please call ahead. Closed group and free of charge.

Wasatch & Summit County					
Organization	Phone	Email/Website	Contact	Ages	Description
Alpine/Encompass Home Health	435-657-0660				
Intermountain HomeCare Wasatch and Summit County	435-657-4323		Mike Jenkins	All	Grief support groups offered. Call for times and additional information.
Intermountain Park City Hospital	435 658- 7248		Kristi Amarin, LCSW		Open support group for Summit and Wasatch Counties, 2 nd and 4 th Wednesday's 5:30-6:30pm.

			Jeremy Footer, LCSW		No cost for participants. Please call for more information.
Jewish Family Services	801.746.4334 x 103	Jania@jfsutah.org	Jania Sommers, LCSW Director of Professional Services & Counselor	Adults	Support Group explores self-forgiveness and practice mending hearts and feelings. This group can help you cope with loss from death, divorce, geographical separation, or estrangement. NON-DENOMINATIONAL FREE of CHARGE Temple Har Shalom - Library (2nd floor) 3700N Brookside Ct, Park City Held on the 2 nd Wednesday of the month from 2:00 - 3:30 pm

Box Elder & Cache County					
Organization	Phone	Email/Website	Contact	Ages	Description
Encompass Home Health	435-654-1464	akoecher@ehhi.com	Amber Koecher		Open support group for Summit and Wasatch Counties, 2 nd Wednesday's 5:30-6:30pm. No cost for participants. Please call for more information.
Intermountain Homecare Hospice of Cache Valley	435-716-5081		Shannon Rhodes	All	Grief support groups held monthly for adults. 1st Wednesday of each month 5:30 – 6:30 pm. Children pediatrics ages 6-18 held twice a year. Please call for dates, locations, and additional information.
Rocky Mountain HomeCare	1-800-574-7666		Kay Tanner, Chaplain		Counseling and support groups available. Please call for more information.
Moving Forward		tgreer@ehhi.com	Tiesha Greer		Moving Forward meets the second and fourth Tuesday of each month 6-7 pm at Legacy House in Logan UT 330 E 1400 N

Additional Resources:

Intermountain Donor Services – Serves all over the world support and follow-up for family members of organ and tissue donors. More information available at: idslife.org contact Karen Hannahs at: 801-478-7333

Valley Mental Health – Serves in Toole and Uinta County call 801-263-7100 for more information

www.dbhutah.org > services > Davis County Behavioral Health Directory

American Cancer Society www.cancer.org

Bereaved Parents of the USA www.bereavedparentsusa.org

Braedyn Joe Foundation: Southwest Idaho <http://braedynjoefoundation.webs.com/>

First Candle www.firstcandle.org

Grandparent Alliance www.missfoundation.org/support/articles/grandparents

Individual Mental Health Counseling: Intermountain Health Care

<http://intermountainhealthcare.org/services/behavioral/Pages/home.aspx>

M.I.S.S. Foundation www.missfoundation.org

Parents of Murdered Children www.pomc.org

Pet Loss Support Group Hotline 801-756-2640

SHARE Pregnancy and Infant Loss Support, Inc www.nationalshareoffice.com

SIDS Resource Center and Support <http://www.sidscenter.org/>

The Alcove www.thealcove.org

Larkin Mortuary

260 E South Temple SLC, UT

801-363-5781