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Utah Bereavement Resource Directory

| Salt Lake County | | | | | |
|---|--------------|--|---|--------|--|
| Organization | Phone | Email/Website | Contact | Ages | Description |
| AIDS and HIV+ Utah AIDS Foundation | 801-487-2323 | utahaids.org ryan.gibbs@utahaids.org | Ryan Gibbs Case Manager - Men Brandy Romero-women | Adults | Closed support groups for persons who are HIV+. One-on-one counseling and family counseling upon request. Contact ahead of time. Usual Grief Support Groups: Tues at 6:30 for Women, 2 nd & 4 th Wed 6-7:30pm Men all ages, 1 st & 3 rd Tues 6-7:30pm for men ages 30 and under |
| American Cancer Society, UT | 801-483-1500 | cancer.org | Receptionist | All | Numerous support programs for cancer survivors and their families. Call for bereavement support programs. 1-800-227-2345 |
| Angel Watch Bereavement Program offered through Intermountain Healthcare (Statewide) | 801-698-4486 | angelwatch@imail.org | Amelia Hopkin | Adults | This is a free, specialized program designed to help families through a time of uncertainty with pregnancy, delivery, and the time following delivery. Qualified grief specialists provide support and guidance to families. One-on-one counseling in your own home. Services available throughout the state. |
| Applegate Home Care | 801-261-3023 | aliciab@applegatehomecare.com | Alicia | All | Call for information |
| Best Practice Counseling- 11618 S State St. Slc | 801-988-9807 | bestpracticecounseling.com | Melonee Wright | Adults | Grief and Loss Group for women is for adult women who have experienced grief and loss in their lives. This safe setting will help you learn healthy coping skills and strategies partnered with therapeutic support around your experience. 12 sessions. One-on-counseling also available. |
| The Bradley Center | 801-302-0220 | bradleycentergrief.org customerservice@bradleycentergrief.org | Carrie Moore, MS, BCC | All | A grief support center for children and their families. Groups meet in the American Heritage School of South Jordan, 11100 South Redwood Road, SLC 84088, every other Monday evening. Call for information. |
| Bristol Hospice | 801-924-0867 | Joe.novotne@bristolhospice.com | Joe Novotne | Adults | Call for information |
| Cancer Wellness House | 801-236-2294 | cancer-wellness.org info@cancer-wellness.org | | All | Bereavement group for adult family and friends to grieve the loss of a loved one due to cancer. Teen and child support groups as family goes through cancer experience. Closed groups. Call for current information. |

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| Caring Connections (University of Utah College of Nursing) | 801- 585-9522 | shawna.rees@nurs.utah.edu www.nursing.utah.edu/practice/caringconnections | Shawna Rees, Program Administrator | All | Variety of grief and bereavement groups, including suicide, homicide, perinatal loss, and Spanish-speaking groups on request. Groups are 8 weeks long. "Seeds of Remembrance" program in May and "Grief and the Holidays" program in November. Please call for information. |
| Compassionate Friends | | www.compassionatefriends.org | | All | Groups for parents and grandparents who have lost a child. Please see the national organization's website for the most current information about Utah chapters |
| Harmony Music Therapy (partnership with Amber Creek Counseling) | 801-455-0045 | Ambercreekcounseling.com Harmonymusictherapy.com info@harmonymusictherapy.com | | Adults and Children | Music therapy groups led by board certified music therapists. Music has the power to help you find peace, comfort, and support after the loss of a loved one. Offers an eight week program. Groups involve music therapy, psychoeducation, and grief counseling. Home therapy also available for dependents. Call Harmony Music Therapy directly for questions on home therapy. |
| Hospice 4 Utah | 801-812-3577 | Hospice4utah.com | | Adults | Support groups for those who have lost a loved one. Call your area contact for times and additional information. |
| Intermountain Medical Center | 801-782-8787 | | Patricia Johnson | Adults | Education/support groups. Grieving process, stress and anger management, guilt, unfinished closure, role changes, and remembrances. Meetings held the 2 nd and 4 th Wednesday of each month from 5:30 pm- 7:00 pm. Classroom 1 of the Doty Education Center. Free and open group. |
| Jewish Family Service | 801-746-4334 | Jfsutah.org/our-programs/counseling Ellen@jfsutah.org | Ellen Silver, LCSW | Adults | Offering individual therapy for mental health counseling M-Thur 9-5 Fri 9-4 |
| NAMI Utah | 801-323-9900 | www.namiut.org | | All | Family support groups are also available and are located throughout the state. Call for more information. There is no cost |
| Primary Children's Medical Center | 801-662-3778 | pc-griefsupport@imail.org https://intermountainhealthcare.org/locations/primary-childrens-hospital/hospital-information/support-services/bereavement-program/ | Leigh Ann Morse | Adults and school-aged children | Primary Children's Hospital Bereavement Program offers support and education to families after the death of their child. In addition to the support offered on a child's dying day, outreach continues in the form of grief educational mailings, outreach phone calls, meetings with clinicians, grief groups for parents and siblings, and our annual Memorial Tribute held each May. |
| Rocky Mountain HomeCare | 801-397-4900 | | Jody Davis, Chaplain | Adults | Call and request to speak with their bereavement team for more specific information on current groups and dates. Meetings held on |

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| | | | | | the fourth Wednesday at 10am at the Riverton Senior Center on Redwood Rd |
| Salt Lake County Aging Services | 801-468-3280 | www.slcoagingservices.org | | Adults | Caregiver support programs providing numerous services directly to seniors as well as referrals. County services have a calendar for other potential bereavement groups. |
| SHARE Parents of Utah | 801-272-5355 | www.shareparentsof utah.org info@shareparentsof utah.org | | Adults | Groups for adults who have experienced miscarriage, stillbirth, or newborn death. Hold five support meetings each month. Please know you never need to go without support and will often get instant responses via our Facebook support pages and more than a few days without personal face-to-face support via our support meetings. We meet the 1st Monday, 2nd Wednesday, 3rd Tuesday, 3rd Thursday and 4th Tuesday of each month. Including a yoga class every Thursday evening. Visit the website for current information or call. |
| Signature Healthcare & Hospice | 801-463-2478 | | Lauree Olsen & Carie Held | All | Bereavement groups held at 5963 S. 900 E. #200, Murray from 5:30-6:30 pm. Free and open to the public. 2019 schedule: 2/7, 2/21, 3/7, 3/21, 4/4, 4/18, 5/2, 5/16, 5/30, 6/13, 6/27, 7/11, 7/25, 8/8, 8/22, 9/5, 9/19, 10/3, 10/17, 11/14, 12/12, 12/26 |
| Solstice Hospice | 801-483-1035 | | Katie Boner & Tammy Bateman | Adults | Call for information |
| St. Ambrose Catholic Church | 801-485-5610 | | Sarah Maland | Adults | Ministry for grief and bereavement call for information. |
| St. Vincent's Catholic Church | 801-527-2025 801-262-3251 | | LaRee Osman, RN; Parish Nurse | Adults | Held at the Benvegna Center, 1375 East Spring Lane – Spring, March, Fall, October. Closed Group, open to all faiths, spiritually oriented, 7-week course. Please call ahead. Can also call Pat Pitcher at 801-943-6237 |
| The Sharing Place | 801-466-6730 | johngold@thesharing place.com | John Gold | Children 3-18 | Groups for children who have suffered the loss of a loved one through death. Groups are patterned after the Dougy Center in Portland, OR. Parents meet at same time as children. Groups are open-ended. Call to set up an appointment to evaluate which group would benefit you most. |
| Union Park Psychiatry & Counseling | 801-233-4200 | Intermountainhealth care.org | | Adults | Individually seen at 1225 E Fort Union Blvd. Office open M-F 8:30 am-5 pm Call for insurance verification |
| Valeo Homecare & Hospice | 801-993-1600 | | | Adults | Bereavement support groups are held on the first Wednesday of each month at 6:30pm. Groups are for those who have lost a loved one. Please call ahead. |
| Valerie Lambert | (801) 533-5632 | | | Adults | 1060 E 100 S #202 SLC, UT Private practitioner and certified thanatologist. Helping those through complicated grief, chronic illness, to mood disorders. |

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| Valley Mental Health | 801-263-7100 | www.valleycares.com | | All | Outpatient individual counseling and group counseling for grief and other life adjustment issues. |
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| Weber/Davis County | | | | | |
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| Organization | Phone | Email/Website | Contact | Ages | Description |
| Center for Grieving Children | 801-476-1127 | barbara@familysummit.org www.familysummit.org | Barbara Norris, Executive Director | 3 yrs to Adult | Modeled after the Dougy Center in Portland, OR. Groups for children 3-19 yrs., young adults, and their parents, who have suffered loss through death or divorce and separation. No cost to participate. Meet twice a month. Please call first for intake over the phone and to set up a 30 min orientation. |
| Compassionate Friends | | www.compassionatefriends.org | | All | Groups for parents and grandparents who have lost a child. Please see the national organization's website for the most current information about Utah chapters |
| Davis Behavioral Health, Inc. | 801-773-7060 | www.dbhutah.org | | All | Provides a variety of services, including substance abuse. This is the public mental health provider for Davis County, services for Davis County only. |
| Open Doors in Clearfield | 801-773-0712 | www.opendoorsutah.org | | All | Family support services available – circles, crisis, respite, nursery, parent education, and therapy. Anti-poverty programs such as food bank, emergency assistance, self-sufficiency programs available at: 8017714642 |
| Intermountain HomeCare Ogden | 801-399-1400 | | Marcos Uboldi, LCSW | All | Grief support groups offered every 1 st and 3 rd Wednesday at 4:30. Call for location information. |
| Intermountain McKayDee Hospital | 801-387-7900 801-387-7929 | facebook.com/McKayDeePalliativeCare/ | Brandy Millward, LCSW | Adults | Classes are held Wednesday s from 12:00 p.m. to 1 :15 p.m. at the McKay-Dee Hospital Education Department lunch served at no cost. Sessions last for 8 weeks, and you may start at any time during a session. |
| Ogden Regional Medical Center | 801-479-0749 | marcyjsth@gmail.com | Marcy | Adults | Bereavement education groups several times each year. Please email for current schedule. |
| Resilient Solutions | 801-259-3883 | Resilientsolutionsinc.com | Becky Andrews, LPC, FT | All | Groups for mothers, suicide, teen etc. Types of groups change quarterly. Call for more information. |
| Rocky Mountain HomeCare | 801-525-4850 | Cecilia.stamp@rmcare.com | Cecilia Stamp | Adults | The support group is free and open to the community. Every 2 nd and 4 th Tuesday 12-1:30 pm. Lunch is provided. Please call with questions and to RSVP |

| Utah County | | | | |
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| Canary Garden | 801-960-2684 | | Mary Shaw, BCC | All | Family grief support held at no cost held in Orem on Monday evenings, 6:45-8:15. Separate groups for children and parents. Call for information and intake. Follows Alpine School District schedule. 475 Hospital Dr, Orem, UT 84057 |
| Compassionate Friends | | www.compassionatefriends.org | | All | Groups for parents and grandparents who have lost a child. Please see the national organization's website for the most current information about Utah chapters |
| Intermountain HomeCare Utah County | 801-357-8250 801-357-7850 | | Brooke Willy Mike Jenkins David | Adults | Bereavement education and support groups offered. Wed at 1pm 524 W. 300 N. Suite 101 Provo, UT. Understanding your bereavement. 8-week course free private group, open for the first two weeks. Held on Tuesday or Thursday from 6-7:30pm at UVH 1034 N. 500 West, Provo, Utah. A book and journal are provided. Call for additional information. 801-357-3134 Kids, Teens, & Parents Grief workshop UVH Sorenson Tower Education Dept 2 nd floor. This focuses on the children's grief and how the parents can support (Mike Jenkins) |
| LOSS (Loved Ones Suicide Survivors) | 801-815-7854 | notaloneinloss@gmail.com www.facebook.com/LOSSsupportgroup website:loss.care | May Bradley | All | Open group meets continuously throughout the year. Meetings are held twice a month on the first Tuesday of the month from 7:00 pm to 8:30 pm and on the third Tuesday of the month from 7:00 pm to 8:30 pm. Intermountain Medical Center in Murray Doty Education Center Bldg 6 East Auditorium. |
| Rocky Mountain HomeCare | 801-765-4905 801-615-3426 (Bill) | Bill.cox@rmcare.com | Bill Cox | Adults | Life Skills Support Group meets at Orem Friendship Senior Center. Held monthly on the first Friday at 1pm. A bereavement support group is held at Seville (on Center street) on the third Thursday of each month at 2 pm on the 3 rd floor. |
| SHARE Parents of Utah | 801-272-5355 | www.shareparentsofutah.org info@shareparentsofutah.org | | Adults | Groups for adults who have experienced miscarriage, stillbirth, or newborn death. Hold five support meetings each month. Please know you never need to go without support and will often get instant responses via our Facebook support pages and more than a few days without personal face-to-face support via our support meetings. We meet the 1st Monday, 2nd Wednesday, 3rd Tuesday, 3rd Thursday and 4th Tuesday of each month. Including a yoga class every Thursday evening. Visit the website for current information or call. |

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| Sudden Infant Death Syndrome, Utah Chapter | 801-636-3602 | | Julie Bolton | Adults | Call for information |
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Washington County

| Organization | Phone | Email/Website | Contact | Ages | Description |
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| Alliance Home Health and Hospice Specialists of Southern Utah | 435-656-2889 | Leisamswalliance@gmail.com | Leisa Tischner, SSW Steve Minor-Spiritual Care | Adults | Please Call |
| Compassionate Friends | | www.compassionatefriends.org | | | Groups for parents and grandparents who have lost a child. Please see the national organization's website for the most current information about Utah chapters |
| Dixie Hospice Care | 435-669-9903 | | Pamela Jensen | Adults | First Friday of each month. 352 E. Riverside Dr. Ste A 13, St. George 84790 |
| Intermountain Homecare & Hospice – St. George | 435-251-2367 | | Liz Barrett | All | Bereavement Education Group meet on the first Thursday of each month at 4:00pm. It is open to the public and registration is not required. 555 South Bluff Street, Suite 100, St. George, UT 84770 |
| Rocky Mountain HomeCare | 435-673-6699 | | Jack Faz, SSW | Adults | Counseling and support groups available. Please call for more information. |
| Zions Way Home Health & Hospice | 435-688-0648 | cmathews@zionsway.com | Mike Stephenson, Chaplain | Adults and other family members | Please call for information about grief groups. Held on Tuesdays at 4 pm please call ahead free of charge. |

Wasatch & Summit County

Email/Website

| Organization | Phone | Email/Website | Contact | Ages | Description |
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| Intermountain HomeCare Wasatch and Summit County | 435-657-4323 435-513-0079 | | Marla Mathiensen | All | Grief support groups offered. Call for times and additional information. |

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| Encompass Home Health | 435-654-1464 | Amberly.koecher@encompasshealth.com | Amber Koecher | All | Open support group for Summit and Wasatch Counties, 2 nd Wednesday's 5:30-6:30pm. No cost for participants. Please call for more information. |
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| Box Elder & Cache County | | | | | |
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| Organization | Phone | Email/Website | Contact | Ages | Description |
| Intermountain Homecare Hospice of Cache Valley <i>550 E 1400 N #G Logan, UT</i> | 435-716-5477 | | Shannon Rhodes, CSW | All | Monthly Bereavement Education Groups are open to the community. Held on first Wednesday at 5:30 p.m. Please call to pre-register, (435) 716-5081 Children's group offered twice a year |
| Rocky Mountain HomeCare | 1-800-574-7666 | | Kay Tanner, Chaplain | | Counseling and support groups available. Please call for more information. |

Additional Resources:

Intermountain Donor Services – Serves all over the world support and follow-up for family members of organ and tissue donors. More information available at: idslife.org contact Karen Hannahs at: 801-478-7333

Valley Mental Health – Serves in Toole and Uinta County call 801-263-7100 for more information

www.dbh.utah.gov > services > Davis County Behavioral Health Directory

American Cancer Society www.cancer.org

Bereaved Parents of the USA www.bereavedparentsusa.org

Braedyn Joe Foundation: Southwest Idaho <http://braedynjoefoundation.webs.com/>

First Candle www.firstcandle.org

Grandparent Alliance www.missfoundation.org/support/articles/grandparents

Individual Mental Health Counseling: Intermountain Health Care

<http://intermountainhealthcare.org/services/behavioral/Pages/home.aspx>

M.I.S.S. Foundation www.missfoundation.org

Parents of Murdered Children www.pomc.org

Pet Loss Support Group Hotline 801-756-2640

SHARE Pregnancy and Infant Loss Support, Inc www.nationalshareoffice.com

SIDS Resource Center and Support <http://www.sidscenter.org/>

The Alcove www.thealcove.org

Larkin Mortuary
260 E South Temple SLC, UT
801-363-5781